Scope & Sequence

CREDO SERIES COURSE VI:

Living and Loving as Disciples of Christ

[Framework Course VI: Life in Jesus Christ]
NOTE: The following is a provisional Scope & Sequence for Book Six in the Credo Series, Living and Loving as Disciples of Christ. Adaptations and specific Scripture and Catechism references will be added upon the final edit of the manuscript.
The purpose of this course is to help the young people to understand that it is only through Christ that they can fully live out God’s plans for their lives. We present the Ten Commandments as guideposts to living as children of God and we introduce them to the moral concepts and precepts and other laws of the Church that guide them in living as Christ’s disciples.

CHAPTER 1
Our Best Hopes Mirror God’s Best Hopes for Us

FOCUS QUESTION:
What do you hope for?

CONTENT SUMMARY:
God’s desire for our happiness / God creates us to share in his life and love now during our life on earth and eternally in heaven / The desire and longing for God is innate in every human; St. Augustine / The Fall and the promise of Redemption / Jesus Christ fulfills this promise / God created us in his image and likeness / The dignity of the human person / God created us with a body and a soul, endowed with reason, intellect and free will

KEY SCRIPTURE REFERENCES:
KEY CATECHISM SOURCES:
27, 302–314, 410, 456–460, 1692, 1700–1706

FAITH GLOSSARY:
grace; hope; Redemption

LEARN BY EXAMPLE:
St. Maria Faustina

CHAPTER 2
The Way of Jesus as the Path to True Happiness

FOCUS QUESTION:
Where can we find true and lasting happiness?

CONTENT SUMMARY:
God calls us to beatitude or joy / Our response to God’s plan / The Beatitudes: description and effects / God’s gift of joy / What it means to be a follower of Christ: Baptism, divine filiation and the moral life / Jesus is the way, the truth, and the life / Moral life and happiness / Example of St. Maria Faustina

KEY SCRIPTURE REFERENCES:
KEY CATECHISM SOURCES:
1279, 1698, 1716, 1718–1724, 1828, 1988,

FAITH GLOSSARY:
Beatitudes; divine filiation; morality; moral life

LEARN BY EXAMPLE:
St. Maria Faustina

CHAPTER 3
The Best Life is Life in Jesus Christ

FOCUS QUESTION:
Why live a moral life?

CONTENT SUMMARY:
Divine Providence / God sustains the universe with wisdom and directs toward its divine fulfillment / The moral law: the eternal law, the natural moral law, immutable and the basis of rules and laws in all cultures / Natural law calls for justice at every level: personal, interpersonal, social, ecological / St. Thomas Aquinas on natural moral law / Conscience: definition, types, proper formation / Freedom of conscience and moral responsibility of following an informed
conscience / True freedom is following the natural law God planted in our hearts / Objective moral judgment prevents chaos; moral relativism creates chaos and social disorder / The use of freedom to do whatever we want is a misuse of that freedom and actually lessons that freedom / Example of St. Thomas More

**KEY SCRIPTURE REFERENCES:**

**KEY CATECHISM SOURCES:**


**FAITH GLOSSARY:**

conscience; divine Providence; moral relativism; natural law

**LEARN BY EXAMPLE:**

St. Thomas Aquinas; St. Thomas More

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**CHAPTER 4**

*The Reality of Sin*

**FOCUS QUESTION:**

What is your understanding of sin?

**CONTENT SUMMARY:**

God created our first parents in a state of Original Innocence (Holiness) and Original Justice / Original Sin: meaning, effects and the reality of sin / Sin: definition, sins of omission and commission, mortal (grave) and venial sins, capital sins / Effects of sin / Scriptural images of sin

**KEY SCRIPTURE REFERENCES:**

**KEY CATECHISM SOURCES:**


**FAITH GLOSSARY:**

Sin; capital sin; mortal sin; Original Innocence and Holiness; Original Justice; Original Sin, venial sin

**LEARN BY EXAMPLE:**

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**CHAPTER 5**

*The Decalogue, or the Ten Commandments—Guideposts toward Freedom*

**FOCUS QUESTION:**

What does following the law mean to you?

**CONTENT SUMMARY:**

The Revelation of God’s Law / Jesus came to fulfill the Law / The Ten Commandments, or the Decalogue, in Sacred Scripture and in Sacred Tradition / The unity of the Decalogue / The Decalogue and the natural law / Principle of interpretation: The Greatest Commandment

**KEY SCRIPTURE REFERENCES:**

**KEY CATECHISM SOURCES:**

2052–2074, 2083

**FAITH GLOSSARY:**

Decalogue

**LEARN BY EXAMPLE:**

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**CHAPTER 6**

*The First and Second Commandments: Putting and Keeping God First*

**FOCUS QUESTION:**

Who is your God or god?

**CONTENT SUMMARY:**

Theological virtues of faith, hope, and charity / First Commandment—‘I am the Lord, your God; you shall not have strange gods before me’ / Responsibilities at the foundation of living the First Commandment: guideposts toward Freedom / Actions contrary to living the First Commandment: superstition, idolatry, divination and magic, irreligion, atheism, agnosticism / Second Commandment—‘You shall not take the name of the Lord, your God, in vain’ / Responsibilities at the foundation
of living the Second Commandment: reverent use of the name of God, reverent and respectful use of the names Jesus, Mary, and of the saints / Actions contrary to living the Second Commandment: blasphemy, perjury, false oaths, and other abuses of the name of God / Example of St. Ignatius of Loyola

**KEY SCRIPTURE REFERENCES:**

**KEY CATECHISM SOURCES:**

2087–2094, 2110–2132, 2142–2145, 2146–2155

**FAITH GLOSSARY:**
agnosticism; atheism; blasphemy; divination; idolatry; irreligion; magic; perjury; reverence; superstition; theological virtues; virtue of religion

**LEARN BY EXAMPLE:**
St. Ignatius of Loyola

**CHAPTER 7**

*The Third and Fourth Commandments: Honoring God and Our Parents*

**FOCUS QUESTION:**
What does ‘respect’ entail?

**CONTENT SUMMARY:**

Third Commandment: ‘Remember to keep holy the Lord’s Day’ / Meaning of the Sabbath Day and the Lord’s Day / Responsibilities at the foundation of living the Third Commandment: keeping the Lord’s Day holy, participating in the Eucharist on Sunday and Holy Days of Obligation, ‘rest’ on the Lord’s Day, participation in the life of the Church / Blessings and benefits of belonging to a people of faith / Actions contrary to living the Third Commandment: choosing not to participate in Eucharist on Sundays and Holy Days of Obligation; failing to pray; failing to keep holy the Lord’s Day / Fourth Commandment—

‘Honor your father and your mother’ / Responsibilities at the foundation of living the Fourth Commandment: duties of children and parents, duties of family members, duties of legitimate civil authorities, duties of responsible citizenship / The Christian family and the Kingdom of God / Actions contrary to living the Fourth Commandment / Example of St. Monica

**KEY SCRIPTURE REFERENCES:**

**KEY CATECHISM SOURCES:**

2168–2176, 2180–2185, 2744–2745

**FAITH GLOSSARY:**
Christian family; legitimate authority; obedience; justice; solidarity

**LEARN BY EXAMPLE:**
St. Monica

**CHAPTER 8**

*The Fifth and Eighth Commandments: Respect for Life and Truth*

**FOCUS QUESTION:**
How do you understand your life in the world?

**CONTENT SUMMARY:**

Life is a gracious and sacred gift from God / Fifth Commandment—’You shall not kill’ / Scriptural foundation of Fifth Commandment / Responsibilities at the foundation of living the Fifth Commandment: respect human life in all its stages and situations—self-defense and the death penalty, health, science, bodily integrity / Just war, arms race and search for peace / Actions contrary to living the Fifth Commandment: murder; suicide; direct abortion; euthanasia; embryonic stem cell research; abuse of alcohol, tobacco and other drugs, both legal (prescription) and illegal; bullying; abuse of body (overeating and abusive
dieting) / Eighth Commandment—‘You shall not bear false witness against another’ / Importance of a person’s ‘good name’ / Responsibilities at the foundation of living the Eighth Commandment: living and witnessing truth in word and action, keeping secrets and confidences / Responsibilities of the media and art / Actions contrary to living the Eighth Commandment: lying, perjury, rash judgment, detraction, calumny, boasting, making fun of others / Example of Sr. Helen Prejean, CSJ (Sister of St. Joseph of Medaille)

KEY SCRIPTURE REFERENCES:
KEY CATECHISM SOURCES:
364, 2258–2283, 2290–2301, 2468–2487, 2489, 2493–2503

FAITH GLOSSARY:
abortion (direct); boasting; calumny; detraction; euthanasia; gossip; perjury; rash judgment; ridicule; scandal; suicide; truthfulness

LEARN BY EXAMPLE:
Sr. Helen Prejean, CSJ

CHAPTER 9
The Sixth and Ninth Commandments: Respecting Ourselves and Others

FOCUS QUESTION:
How do you view sexuality?

CONTENT SUMMARY:
Human sexuality: gift from God, who is Love; Pope John Paul II’s theology of the body / Sixth Commandment—‘You shall not commit adultery’ / Chastity: definition, universal vocation, friendship / Jesus is the model of a life of chastity / Responsibilities at the foundation of living the Sixth Commandment: life of chastity, friendship, conjugal love and fidelity / Actions contrary to living the Sixth Commandment and the virtue of chastity: lust, masturbation, fornication, pornography, prostitution, rape, sexting / Chastity and homosexuality

/Ninth Commandment: ‘You shall not covet your neighbor’s wife’ / Responsibilities at the foundation of living the Ninth Commandment: virtue of temperance, respect for the sanctity of the marriage vows, purity of heart, modesty in thought, words, actions and appearance / Actions contrary to the dignity of marriage and the Ninth Commandment: carnal concupiscence, moral permissiveness / Natural family planning / Respect the sanctity of marriage vows / Christian vision of marriage

KEY SCRIPTURE REFERENCES:
KEY CATECHISM SOURCES:
2337–2391, 2364–2365, 2517–2527

FAITH GLOSSARY:
adultery; chastity; concupiscence; lust; pornography; sexuality

LEARN BY EXAMPLE:
Pope John Paul II

CHAPTER 10
The Seventh and Tenth Commandments: Living Honestly and Justly

FOCUS QUESTION:
Why is honesty the ‘best policy’?

CONTENT SUMMARY:
Overview of the Social Doctrine of the Church / The Seventh Commandment—‘You shall not steal’ / Living the Seventh Commandment: virtues of justice and solidarity, stewardship of creation, common good, respect for the person and their goods, universal destination
of goods, right to private property, dignity of labor and just wage, reparation and restitution for injustice, economic activity and social justice, justice and solidarity among nations, preferential love for the poor and works of mercy / Justice: commutative, distributive, social and restorative / Actions contrary to living the Seventh Commandment: ‘enslavement’ of human beings; theft; abuse of creation including animals; keeping something loaned or lost; the destruction of the property of others; business fraud; paying unjust wages; breaking contracts / The Tenth Commandment—‘You shall not covet your neighbor’s goods’ / Living the Tenth Commandment: simplicity of life, poverty of heart, detachment, trust in God / Actions contrary to living the Tenth Commandment: greed, avarice, envy

**KEY SCRIPTURE REFERENCES:**

**KEY CATECHISM SOURCES:**

2401–2449, 2541–2548

**FAITH GLOSSARY:**

avarice; envy; common good; generosity; justice; preferential love for the poor; solidarity

**LEARN BY EXAMPLE:**

**CHAPTER 12**

*The Church—The Seed of the Kingdom*

**FOCUS QUESTION:**
What does it mean to you to belong to the Church?

**CONTENT SUMMARY:**
The Kingdom, or Reign, of God / The Church, the seed of the Kingdom of God / Role of the law in Christian tradition / The Church, our Mother and Teacher: Magisterium and natural law, Magisterium and moral teaching, Canon Law, Precepts of the Church / Moral decision-making, conscience formation and Church teaching / Moral responsibility of following an informed conscience / Example of St. Pio of Pietrelcina (Padre Pio)

**KEY SCRIPTURE REFERENCES:**


**FAITH GLOSSARY:**

Canon Law; Kingdom of God;
**CHAPTER 13**  
*New Life through the Gospel*

**FOCUS QUESTION:**  
What do you think are the best things about living as a Christian disciple?  

**CONTENT SUMMARY:**  
Universal vocation, or call, to holiness / Christian discipleship: lived witness, daily life and work, service to the Church, missionary activity / Vocation: married life, single life, consecrated life, societies of apostolic life / Third orders and associates / Religious movements, for example, charismatic renewal / New movements involving laity: Focolare, Communion and Liberation  

**KEY SCRIPTURE REFERENCES:**  
520–521, 825, 889, 901–933, 1694  

**KEY CATECHISM SOURCES:**  
520–521, 825, 889, 901–933, 1694  

**FAITH GLOSSARY:**  
consecrated life; third orders  

**LEARN BY EXAMPLE:**  
Blessed Chiara Luce

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**CHAPTER 14**  
*Sustaining the Moral Life as Disciples of Christ*

**FOCUS QUESTION:**  
What virtues do you possess – loyalty, truthfulness, justice, peace-making, kindness, compassion?  

**CONTENT SUMMARY:**  

**KEY SCRIPTURE REFERENCES:**  

**FAITH GLOSSARY:**  
cardinal virtues; Fruits of the Holy Spirit; Gifts of the Holy Spirit; grace; moral virtues; virtue  

**LEARN BY EXAMPLE:**  
St. Pio of Pietrelcina (Padre Pio)
For more information on the Credo series, visit www.veritasreligion.com